

Personal Training Clients: Progress review

Instructions for completion.

Your on-course /end-course review will provide valuable feedback to the client and provides the basis for future training contracts. It attempts to mark the progress or 'the road travelled'.

Please complete the attached report of assessment of progress in comments/ticks as shown below:

Learning style: Your comments	Changes to learning style Your comments			
Learner's aims and intended outcomes	Changes to learner's aims and outcomes Your comments			
fluentintuition Aims and intended outcomes:	Achieved comfortably	Achieved	Working towards	Not met
	Tick accordingly			
Proposed topic areas:	Tick accordingly			
Indicative structures:	Tick accordingly			
Trainer's comments	Your comments			
Trainer's recommendations for future study	Your comments			
Resources	Your texts etc.			